

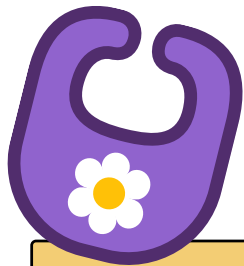


open arms
perinatal services

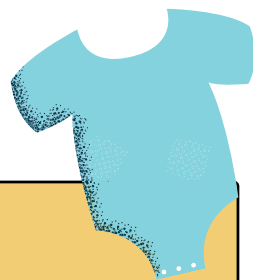


Baby Boutique

**El Centro De la Raza
2524 16th Ave S. #207, Seattle WA 98144**



**Waxaan furan'nahay Qamiis kaliya
9:30 Subax – 3:00 Galab**



Faahfaahin Guud

- Bishii hal jeer ayey qoysaska alaab qaadan karaan
- Qoysaska waxaan way diinaynaa magacod, telefoon number, zip code iyo inta ay jiraan ilmaha xafaayada xirtaan
- Alaabta an hayno waa sadaqo nala siiyay, taas darteed wixii an hayno wey isbadalaan
- Ma xaqiijin karno alaabta inaan marwalbo hayno
- Waxaan ku siinkarnaa magaca ururyo kale oo bixiya alaabta ilmaha

Xafaayat

- Ilmaha xafaayada xirta waxaan siinaa hal cabir bishi
- Xafaayada iyo Pull-Ups waxaan badanaa haynaa cabirka Ilmaha cusub ilaa 6
- Intaan kusiinkarno way is badbadashaa

Dharka

- Dhar ilmaha oo siyar loo isticmaalay, cabirka oo yahay Ilmaha cusub ilaa -5T
- Dharka hooyada uurka leh oo siyar loo isticmaalay

Marabtaa inaad wax sadaqaysid?

HALKAN NAGALA SOO XARIIR!



**Qoraal sodir ama
nagasowac
206-895-1072**

open arms
perinatal services

Sheyay kale

- Qalabyada ilmaha lagu xambaro, loogu quweeyo, dhulka loo dhigo, alaabta ciyaarta, buugag, iyo sheeyo kale ilmeed
- Alaabta ilmaha cuntada, caanaha iyo cabitaan lagu siiyo
- Mararka qaarkood kuraasta ilmaha oo gaariga, kursiga gaariga, sariirta yar, iyo gaariga ilma lagu riixo