



open arms
perinatal services

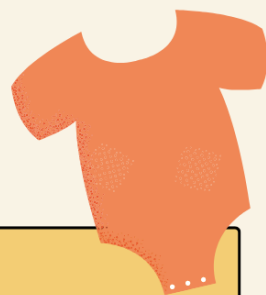


Dukaanka Ilmaha

El Centro De la Raza
2524 16th Ave S. #207, Seattle WA 98144

Wuxuu furanyahay Khakis keliya
9:30 Subxnimo - 3:00 Galabnimo

Fariin nosoo qor ama naso wac 206-895-1072



Fariinta Guud

- Qoyska wuxuu ka adeegankaraa bishi hal mar
- Waxaan ka codsanaa qoyska in ay magacooda, telefonkoda, zip code iyo ciyaalka diaperska qaata intee jiraan
- Alaabta aan bixino waanalagu sadaqaystay, sida darteed alaabta aan hayno way isbadalikartaa
- Ma xaqiijinkarno in alaabtaas markasto la helikaro
- Waxaan Kula wadaagikarnaa ururo kale oo alaab bilaash ah laga helikaro

Xafaayad

- Ilmo kasta hal lumbar oo xafaayad ah iyo hal tirtire ey leeyihiin
- Xafaayada iyo Pull-Ups badanaa waxaa ka haynaa sizeka Newborn ilaa 5T
- Intaan ku siinkarno marwalbo way isbadashaa

Dharka

- Guud ahaan dharka ilmaha sizeka waa Newborn ilaa 5T
- Dharka hooyada uurka leh oo layara isticmaalay aan haynaa

Kursiga ilmaha oo gaariga

- In goon ayaan haynaa ilmaha kursigood oo layara isticmaalay
- Waxaan fiirinaa in uusan kursiga dhicin iyo in la mumnuucin, mahayno qof oo kursiga ilmaha farsamihiisa yaqaana

Wax yaaba kale

- Wax yaabo kale oo ilmaha isticmaalan ayaan haynaa, oo ka mid ah shayga ilmaha lagu qaado, loogu qubeyo, lagu seexiyo iyo alaabta ilmaha ku ciyaaran, buugag iyo alaab kale.
- Qalabka ilmaha lagu nuujiyo ama cuntada lagu siiyo, dhalooyinka iyo koobabka caanaha

