



LACTATION LOUNGES

Drop-in as needed, free-of-cost!

Monday Lactation Lounge

Elizabeth Montez, IBCLC

11:00 AM–1:00PM

bit.ly/OAPSMondayLL

Online!

Tuesday Lactation Lounge

Amelia Martinez, LSPC (en Español)

11:00PM–1:00PM

bit.ly/lactanciaOA

Online!

Wednesday Lactation Lounge

Markia Brinson, LSPC

11:00AM–1:00PM

bit.ly/WedsLounge

Online!

In-Person Lactation Lounge

Markia Brinson, LSPC

11:00AM–1:00PM

**Second Wednesday of Every
Month at El Centro de la Raza,
Room 305**

