

Childbirth Education

2024 Dates



Our Childbirth Education classes are held over the weekend on Zoom! Entirely free of cost to families, these classes have been crafted to honor the cultural experience of birth.

Come learn and celebrate the life-giving process as a community. Sign up for classes by filling out our intake form!

open arms
perinatal services

For Black Families

March 30-31

May 25-26

August 24-25

October 26-27

For Black, Indigeous, & All Families of Color

March 23-24

May 4-5

August 3-4

October 5-6

For Spanish-speaking Families (en Español)

March 23-24

June 29-30

September 21-22

December 7-8



Register here!

or at bit.ly/OAPSRequestServices