

2024 Community Lactation Specialist Program

Key Dates

Information Session Links:

- December 12th at 10:30am PT – Community Lactation Specialist Program Information Session
 - Registration link: <https://openarmsps-org.zoom.us/meeting/register/tZYvf-iprjggGtRX0A0Vi2KKKuDPa5Ayzqc4>
- January 10th at 1pm PT – Community Lactation Specialist Program Information Session
 - Registration link: <https://openarmsps-org.zoom.us/meeting/register/tZclfuuurD8iH9X8l8v1Qks9MF93SMsuqQZo>

Important Dates:

- December 12th – Community Lactation Specialist Program application goes live
- December 12th at 10:30am PT – Community Lactation Specialist Program Information Session
- January 10th at 1pm PT – Community Lactation Specialist Program Information Session
- January 22nd at 5pm PT – Applications due for Community Lactation Specialist Program
- January 29th – Cohort members will be notified

Program Dates

Week 1: March 4th – 8th, 2024 (In person)

Monday and Tuesday – 9am – 5pm Pacific time, in person, in Seattle, breakfast and lunch provided.

Wednesday and Thursday – in person, in Seattle, sign up to shadow an IBCLC at clinic, 2 hour slots.

Friday – Debrief, in person, in Seattle.

Week 2: March 18th – 22nd, 2023 (Online)

Monday – Lactation Lounge Shadow Shifts (optional)

Tuesday – *Anatomy and Physiology*

Wednesday – *Composition of Human Milk*

Thursday – *Gender Affirming Care* –

Week 3: March 25th – 29th, 2023 (Online)

Monday – Lactation Lounge Shadow Shifts (optional)

Tuesday – *All about baby*

Wednesday – *Birth/lactation*

Thursday – *Immediate Postpartum*

Week 4: April 8th - 12, 2023 (Online)

Monday – Lactation Lounge Shadow Shifts (optional)

Tuesday – *First two weeks*

Wednesday – *Latch*

Thursday – *Diet, Toxicology, Pharm*

Week 5: April 22nd – 26th, 2023 (Online)

Monday – Lactation Lounge Shadow Shifts (optional)

Tuesday – *Milk Supply*

Wednesday – *Feed all the babies*

Thursday – *Pumping – Nichelle Clark guest teacher*

Week 6: April 29th – May 3rd, 2023 (Online)

Monday – Lactation Lounge Shadow Shifts (optional)

Tuesday – *Challenges*

Wednesday – *Solids, Bottles, Full term lactation*

Thursday – *Weaning*

Week 7: May 13th – 17th, 2023 (In person)

Monday – Lactation Lounge Shadow Shifts (optional)

Tuesday – *Advanced strategies*

Wednesday – *IBCLC Clinic Day*

Thursday – *IBCLC Clinic Day*