

Impact Report

2022

open arms
perinatal services



Thriving children. Healthy families. Powerful communities.

Our Results

In 2022, we were still feeling the collective impact of the COVID-19 pandemic, but our team was up to the task. Despite the challenges, we bolstered our programs, enhancing our capacity to deliver outstanding perinatal and early parenting support to our focus communities.

5%

Low Birth Weight

State of WA, 2021: 7%
King County, 2015-19: 6.6%

5.6%

Pre-term Birth Rate

State of WA, 2020: 8.9%
King County, 2020: 9.3%

8%

NICU Admission

State of WA, 2021: 11.1%

26.4%

C-Section Rate

State of WA, 2021: 29%
King County, 2019: 34.9%

91%

Chestfeeding
at 6 months

State of WA, 2021: 50.7%
King County, 2019: 36%



Community Education

In 2022, we made significant strides in expanding community access to professional development opportunities for birth workers and childbirth education. Our Clinical Lactation & Community Education Lead successfully launched our community lactation training program, **enrolling a cohort of 37 aspiring community lactation specialists and IBCLCs from our focus communities in King County.**

We maintained our strong partnership with midwife and doula trainer, Shafia Monroe, and together **we trained and certified 9 childbirth educators and 7 BIPOC doulas in Washington State.** Additionally, our Childbirth Education classes reached 30 expecting families. Our new team of childbirth educators helped to nurture these families with the knowledge and tools needed to make informed decisions during pregnancy, birth, and the early days of parenthood.

Doula Services

We doubled the capacity of our community-based outreach doula team by hiring 4 new outreach doulas. **This expansion enables us to serve twice as many families.** We also trained 20 community members in our outreach doula curriculum, equipping them with the necessary skills to provide compassionate, culturally-centered care. In our Birth Doula Services team, **we hired 12 new birth doulas.** We are proud that 75% of our birth doulas identify as Black, Indigenous, or other people of color and offer support in 7 languages.

Advocacy

The power of statewide doula advocacy, including our own efforts, led to the successful passage of HB 1881 during the 2022 legislative session. **This groundbreaking legislation establishes a new health profession for doulas within the state's Department of Health.** This landmark development lays the foundation for public reimbursement of doula services, bringing us closer to realizing our vision of Doulas for All!

You made 2022
a success!





627

Families Served
in 2022



89%

Of Families Identified as
Black, Indigenous, or
other People of Color



171

Births Attended by
Doula Services

21,539

Diapers Distributed in
Partnership with
Westside Baby



1,739

Hours of Labor
Supported by Our
Doulas



300

Hours of One-on-One
Lactation Support



1,964

Food Bags Distributed
in Partnership with
Tilth Alliance



100

Lactation Lounges
Held in English and
Spanish



677

People Served at
Community Connector
Events

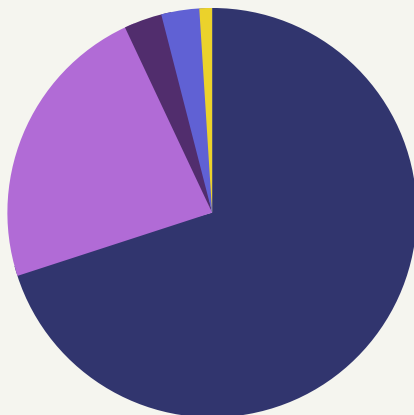


163

Families Enrolled in
Family Support Services

Revenue

Total: \$3,850,046



70% Government



23% Corporate & Foundation



3% Events



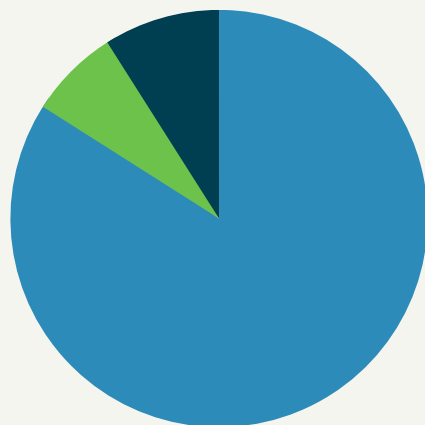
3% Individual



1% Earned Income

Expenses

Total: \$4,051,858



84% Programs



9% Fundraising



7% Management & General

Expenses exceeded revenue due to spend-down on restricted grants received in previous years.



Who We Are

Our Team

Amelia Martinez
Andrea Balina
Angela Agoo
Betty Hernandez
Cynthia Turrietta
Danielle Baer
Deandra Ludovice
Delina Seyoum
Dila Perera
Donna Reitz
Elena M. Teare
Elizabeth Montez
Elizabeth Perez Garcia
Emily Trujillo
Ellie Frischmann
Eula Scott Bynoe
Farrah Rivera
Hana Nguyen
Hawa Egal
Isabel Vicente Dominguez
Jacqueline Hamilton
Jami Bess
Janae Teal
Jasmine Stuverud
Jessy Trevizo

Karina Arroyo
Kate Wilhite Brickell
Kristin Travis
Lanetra Barron
Lea Johnson
LeChante Raiwalui
Le'Ecia Farmer
Loida Ginocchio Silva
Margarita Celis
Markia Brinson
Mary Concepcion
Memorie Gladstone
Molly Krost
Olga Prado Leon
Peggy Allen Jackson
Priya Marita Diaz
Qadra Ali
Rokea Jones
Shadia Nagi
Shevonne Tsegaye
Stacey Silver
Stephanie Quinn
Suad Farole
Tanya Anderson
Terri Chi-Lee
Van Bussell
Vonda Prioleau

Birth Doulas


Alanna Cotton
Andrea Torres
Asha Osman Abdi
Brenda Garcia Rabb
Caellyn Everson
Cashew Pendergrass
Chelsea Staples
Christina Jones-Norris
Courtney McGrue
Damarria Davis
Ela Tinocco Herrera
Eli Seibel
Falisha Samuels
Fernanda Lopes Correa
Hafsa Nur Farah
Hayley McKie
Jasmine Stuverud
Jazmin Williams
Jen Hamilton
Jessica Kiely
Jin Moon
Joanna Taleno
LaShaye Stanton
Latonia Westerfield
LeChante Raiwalui

Lillian Hernandez
Marisol Ruiz-Dominguez
Maritza Cajiao
Maya Ewings
Myesha Mitchell
Natasha Blanchard
Nigesty Hagos
Rut Tecleab
Sam Lassofo
Stephanie Lewis
Stevie Norman

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Dawn Croft
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Thank You for Being an Essential Part of the Open Arms Community!



Your support ensures that
families like mine have access to
community-based and
culturally-responsive services.

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