

Who We Are

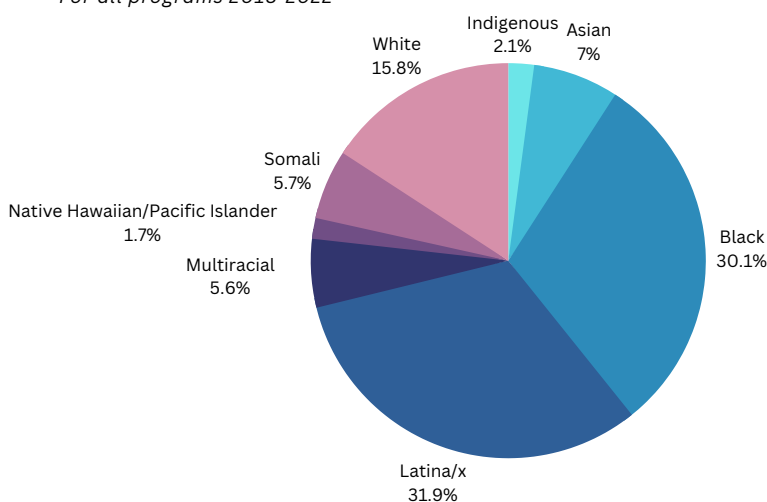
Open Arms provides free perinatal and early parenting support services to meet the needs of over 500 families each year in Washington State's King, Snohomish, and Pierce counties. Since 1997, Open Arms has served over 5,200 families.

Our programs support families with culturally and linguistically matched doulas, lactation support peer counselors, childbirth educators, and resource navigators. Our award-winning program includes:

- Doula support offered in 9 different languages
- Prenatal support and home visits
- Continuous emotional and physical support throughout labor and delivery
- Postpartum support and home visits
- Lactation support
- Childbirth and parenting education
- Baby supplies and other essentials

Open Arms' Clients by Racial Category

**For all programs 2018-2022*



Our Programs

- Doula Services
 - Birth Doula Services
 - Community-based Outreach Doula Services
- Lactation Support Program
- Family Support Services
- Childbirth Education

Our Mission

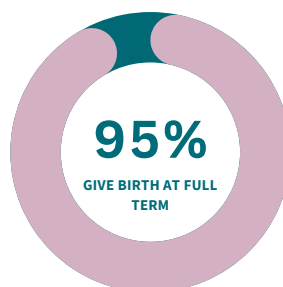
Providing community-based support during pregnancy, birth, and early parenting to nurture strong foundations that last a lifetime.

Our Vision

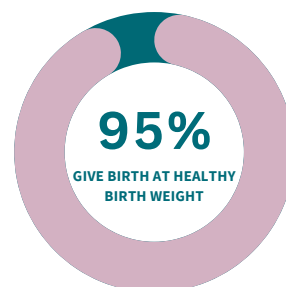
Thriving children. Healthy families. Powerful communities.

Our Outcomes

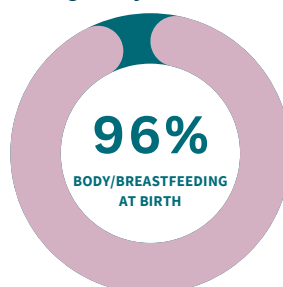
**Outcomes 2018-2022*



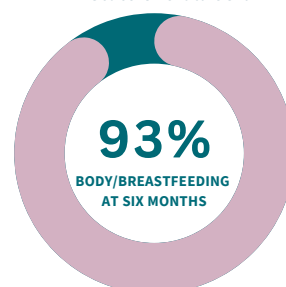
King County Overall: 91%



WA State Overall: 93%



King County Overall: 97%



King County Overall: 36%

Press Releases

- [Amid The National Maternal Mortality Crisis, Washington State Passes Essential Legislation.](#) April 7, 2022
- [Press Statement on Leaked SCOTUS Roe v. Wade Opinion.](#) May 3, 2022

How You Can Support:

Host a Product Drive

- Our Baby Boutique provides families with essential items like diapers, car seats, formula, baby equipment, and more! Hosting a donation drive for Open Arms is a fun meaningful way to engage your community to make a difference for birthing families. Contact us for information on how to organize a drive!

Organize a Fundraiser

- There are many occasions throughout the year to host a fundraiser for Open Arms. Mother's Day, Lactation Month, World Doula Week, are just some examples of when your community can come together to in celebration of birth workers and birthing people. Donate a percentage of your organization's daily profits, host a charity video game stream, or reach out to us to discuss exciting ways we at Open Arms can partner with your organization for a unique and dynamic fundraiser.



Previous Partnerships:



Zulily
E-commerce



Friends of
Waterfront
Seattle



Molly Moon's
Homemade
Ice Cream



Crunchy Red Fruit
Wine Club



Peace Love Bear
Secondhand Shop

Contact



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