

Abortion Care & Advocacy Resources

Open Arms firmly believes that all individuals have the right to have their reproductive choices honored at every stage, including if or when to become a biological parent.

We stand in solidarity with all of our families and with all of our partner reproductive justice organizations in the struggle to keep abortion safe and accessible for all people who seek it.

We are committed to supporting our families' journeys through the health system with equitable treatment and without stigma and judgment, in a way that meets each individual and family's unique needs.

Washington State took policy measures to protect abortion access in the [2022 legislative session](#), with particular attention paid to the expected influx of abortion-seeking patients from neighboring states.

In Washington, people of any age have the right to obtain an abortion. Generally, medication abortions are available through the first 70 days of pregnancy and surgical options are available up to 24-25 weeks. Abortions are available after 25 weeks in cases when the health of the pregnant person is in danger.

For details on how to access abortion services in Washington, read more on the [Department of Health's website](#).

Abortion funds and advocacy organizations in Washington are crucial to supporting out-of-state patients and require donations and volunteers to keep up with the demand for care.

The following list is of local and national abortion funds and advocacy organizations that can support those who need to travel to an abortion-friendly state and/or directly provide healthcare.

INDIGENOUS WOMEN RISING

Indigenous Women Rising's abortion fund serves Indigenous and undocumented people in the United States and Canada.

NORTHWEST ABORTION ACCESS FUND

The Northwest Abortion Access Fund is a multi-state abortion fund serving Washington, Oregon, Idaho, and Alaska. The fund can help with paying for an abortion, transportation to the clinic, and lodging, as well as locate local clinics.

CEDAR RIVER CLINICS

Cedar River Clinics is a social justice organization that combines direct services with and community education. Their abortion fund assists out-of-state residents with funding, transportation, and lodging. Their clinics are located in Seattle, Renton, and Tacoma.

ALL WOMEN'S HEALTH

All Women's Health provides comprehensive reproductive healthcare to residents of Tacoma and surrounding areas of the Pacific Northwest. The clinic specializes in abortion through the second trimester and provides sliding scale options to patients based on annual income and a military discount.

PLANNED PARENTHOOD GREAT NORTHWEST

Planned Parenthood Great Northwest has locations throughout Washington State that provide abortion and other reproductive health services. Take action and get involved through Planned Parenthood's [advocacy arm](#).

NATIONAL NETWORK OF ABORTION FUNDS

The National Network of Abortion Funds builds power with members to remove financial and logistical barriers to abortion.

PRO-CHOICE WASHINGTON

Pro-Choice Washington is the leading grassroots advocacy organization for reproductive freedom in Washington state. The Pro-Choice Washington Political Action Committee (PAC) helps elect reproductive rights and justice champions at all levels of state and local government.

SURGE REPRODUCTIVE JUSTICE

Surge Reproductive Justice is a Black-led reproductive justice organization based in Seattle.

EXHALE PRO-VOICE

Exhale Pro-Voice provides peer counseling and support groups for those who have sought abortions and need abortion-positive and nonjudgmental support.

LEGAL VOICE

Legal Voice defends and protects the civil rights of women and LGBTQ people in the Northwest through impact litigation, including protecting reproductive freedom.